

KINS 4750S/6750S - Service Learning In Kinesiology  
Instructing Physical Activity Games for Children  
Fall 2018

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**Course Description**

The course is designed for non-physical education majors who are interested in instituting physical activity and exercise interventions/programs for children. Contemporary theories of cognition and teacher education are integrated and applied to prepare students to teach games that enhance children's skills and cognition. The Service-Learning component involves the application of teaching methods to children attending an after-school program in a Clarke County elementary school.

**Course Objectives**

1. Academic objectives: By the end of this course students will be able to:
  - a. plan, develop, institute, and assess physical activity interventions/programs for children.
  - b. identify individual differences factors that influence children's learning and performance.
  - c. identify developmental and maturational factors that influence children's learning and performance.
  - d. be familiar with the biological basis of children's learning.
  - e. evaluate how physical activity affects children's physical, mental, and emotional health.
2. Application objectives: By the end of this course students will be able to:
  - a. demonstrate instructional techniques that reflect an understanding of basic knowledge of children's behavior and learning.
  - b. demonstrate the application of instructional techniques in authentic school settings

**Topical Outline:**

Children's mental development  
Physical Activity and children's mental development  
Learning through movement  
Physical Activity Games, motivation, and learning  
Engaging Children in Play  
Delivering Physical Activity Games for Cognitive Engagement  
Physical Activity Games for Elementary School Children  
Assessment  
Integrating Physical Activity Games into the home and community

## **I. Course Information**

1. Locations - Room 224 Ramsey and  
Chase Street Elementary School OR Fowler Drive Elementary School
2. Class Days & Time: M-W 3:30pm-4:45pm

## **II. Instructors' Information**

Danny Pendleton, M.S.

Office Location: Room 106C Ramsey  
Office Hours: Monday 2:30-3:30 AND by appointment  
Email: dannyp@uga.edu and eLC-New

Phillip D. Tomporowski, Ph.D

Office Location: Room 357 Ramsey  
Office Hours: Monday, Wednesday, & Friday 11:10-12:00  
AND by appointment  
Office Phone: 542-4183  
E-mail: ptomporo@uga.edu

Bryan McCullick

Office Location: Room 355 Ramsey  
Office Hours: Monday, Wednesday, 8:30-10:30  
AND by appointment  
Office Phone: 542-3621  
E-mail: bamccull@uga.edu and eLC-New

## **III. Required Materials**

1. PDF/Text: Tomporowski, P. D., McCullick, B., & Pesce, C. (2015). Enhancing Children's Cognition with Physical activity games. Champaign, IL: Human Kinetics. (posted on eLC). All students will receive a copy of the textbook for no cost.
2. Required Background Check. Background checks are required prior to going to Clarke County Elementary schools. The cost is ~\$39.75 and must be made into a money order. Non-refundable.

## **IV. Evaluation Procedures:**

1. **Exams:** One mid-term exam will be given. Material on the exam will come from information provided in lectures and from the readings. (25%)  
Mid-term Exam – Wednesday 10/3/2018
2. **Student log and reflection:** Students will maintain a log that catalogs: a) academic instruction, b) active-learning activities, c) case studies, and reflections. (15%)  
Logs for academic content will consist of chapter summaries and reflections  
Logs for active learning will consist of description of activities and reflections

Logs of case studies will consist of observations of a single student and reflections

3. **Student participation and situational observations.** (10%)
4. **Authentic project:** Using material presented in class, assigned readings, and independent review of the literature, the student will create a physical activity game and describe how it will be implemented and evaluated. (50%)

## V. Grading Format

1. **Mid-Term Essay Exam:** A letter grade will be assigned for each essay question. Letter grades will be converted to a score (A=4, B=3, C=3, D=1, F=0). An overall letter grade will be assigned for each test.
2. **Student log and reflection:** Logs will be posted to elc to or on the Friday of each week of the course. Emailed to dannyp@uga.edu (At the top of each log: LAST NAME, FIRST NAME, Date). The log will be evaluated and scored by the instructors. An overall letter grade will be assigned.
3. **Student participation and situational observations.** Ratings will be performed by the instructors. An overall letter grade will be assigned.
4. **Authentic project.** The project will be evaluated and scored by the instructors. An overall letter grade will be assigned.

## VI. Tentative Schedule:

No class:

September 3<sup>rd</sup> Labor day

November 19<sup>th</sup>-23<sup>rd</sup> Thanksgiving Break

### I. Academic Background - Location Class (Ramsey 224)

Early August – Early September

8/13- Introduction

8/15- Chapter 1 Tomporowski

8/20- Chapter 2 Tomporowski

8/22- Chapter 3 Tomporowski

8/27- Chapter 4 Tomporowski

8/29- Chapter 6 Tomporowski

9/3 - No Class- Labor Day

9/5 - Chapter 7 Pendleton or McCullick

9/10 - Chapter 8 Pendleton or McCullick

9/12 - Chapter 11 Pendleton or McCullick

### II. Training - Locations: Class (Ramsey 224) and Ramsey Center

Mid-September- Late September

9/17 - Pendleton

9/19 - Pendleton

9/24 - Pendleton

9/26 - Pendleton

### III. Application - Locations; Class (Ramsey 224) and Clarke County Schools

October - December

10/1 - Assignment to schools/visits

10/3 - Mid-Term Exam (Ramsey 224)

10/8, 10/10, 10/15, 10/17, 10/22, 10/24- School Mentorship

10/29- Class Discussion/reflection (Ramsey 224)

10/31, 11/5, 11/7, 11/12, 11/14, 11/26 11/28- School Mentorship

12/3 - Final Exam/General Discussions

**Note:** The course syllabus is a general plan for the course; deviations to the class by the instructor may be necessary

## **VI. Instructors' Policy**

1. Students are expected to attend all classes.
2. "Incomplete" grades will not be given unless there are circumstances beyond the student's control which prevent the completion of course requirements (e.g., documented illness, serious family emergencies).
3. "Incomplete" grades will not be given without the student's having made prior arrangements for completing course work.
4. Grades will not be changed as a result of additional work done by a student unless all students registered for the course are given the opportunity to do similar, additional work.
5. A grade will be changed upon a written statement by the instructor that the grade was a factual error. All grade changes are subject to approval by the instructor's department head and the Dean's Office.
6. All academic work must meet the standards contained in "A Culture of Honesty." Each student is responsible to inform themselves about those standards before performing any academic work. See:  
[http://www.uga.edu/ovpi/academic\\_honesty/culture\\_honesty.htm](http://www.uga.edu/ovpi/academic_honesty/culture_honesty.htm)

## **VII. College of Education Mandatory Reporter Protocol**

The University of Georgia is committed to ensuring the safety and well-being of children and to the prompt reporting of suspected child abuse or neglect in alignment with Georgia Law (O.C.G.A. §19-7-5) and university policies for the protection of minors. Under Georgia Law, all UGA employees, students, and volunteers are considered mandatory reporters of child abuse. These guidelines are intended to assist faculty and staff in making appropriate reports themselves and in supporting students and volunteers who need to make reports.

This policy applies to experiential learning that takes place at schools, clinics, or organizations in the community; to on-campus clinics, camps, or classes; and to other situations such as research projects and community screenings in which a UGA employee, student, or volunteer comes into contact with minors. The actions to be taken are determined by the nature of the placement site. Hereafter, these settings are collectively referred to as "placements" or "placement sites," and UGA faculty, staff, students, and volunteers are referred to as "UGA members."

For each placement site for which you have responsibility you should:

1. Ensure that all UGA members at the site understand the following:
  - a. The first priority in any situation of suspected child abuse is to take immediate action to protect the safety of the minor.

b. The second priority is to make an immediate report to the appropriate authority(ies) as detailed below based on the nature of the placement site.

c. Under no circumstances should a UGA member attempt to investigate a suspected child abuse situation him/herself before or after reporting to the appropriate authority.

d. If, after following the appropriate protocol below, a UGA member is unable to get in touch with the appropriate authority(ies), does not believe that a report is being taken seriously, or if the suspected abuser is the one to whom a report is to be made, the UGA member should report immediately to DFCS and then within 24 hours to UGA Police and Associate Dean Stacey Neuharth-Pritchett.

2. Clearly articulate the reporting protocol based on the nature of the placement site to all UGA members at the site.

a. If an off-campus placement site is a legally mandated reporter of child abuse, their reporting protocol supersedes UGA's protocol. Determine who at the placement site is responsible for making reports to DFCS. For instance, in a public school, the counselor or assistant principal is often the person designated to report all suspected child abuse cases at that school. Ensure that UGA members who are placed at that site know who the designated reporter is and that the responsibility of UGA members, if they become aware of a potential child abuse situation, is to report immediately to that individual (or another official in a position of authority at the site) and to document that the report has been made by contacting their UGA supervisor within 24 hours.

b. If the placement site is on the UGA campus in a clinic in which the UGA member is performing duties under the direct supervision of a licensed professional (e.g., counselor, school psychologist, speech pathologist), the UGA member should immediately report the suspected abuse to the licensed professional, and then together the UGA member and the licensed professional will follow professional protocols to notify DFCS and UGA Police.

c. If the placement site is on the UGA campus but not a clinic with licensed professionals or is an off-campus site that is not a legally mandated reporter (such as a community center or public park), then the UGA member should immediately call UGA Police or call 911 to report the suspected abuse. After calling the police, the UGA member should then report to DFCS and their UGA supervisor as soon as possible but always within 24 hours.

The table below summarizes the reporting protocol at each type of placement site:

| Where are you?  | Report first to                  | Report next to                                      | Report next to |
|---|----------------------------------|---|----------------|
| Off campus site that is a mandatory reporter              | Designated reporter at that site | UGA supervisor                                      |                |
| UGA clinic working under a licensed professional          | Licensed professional            | DFCS with the licensed professional taking the lead | UGA Police     |
| UGA not in a clinic working under a licensed professional | UGA Police                       | DFCS  | UGA supervisor |
| Off-campus site that is not a mandatory reporter          | UGA Police                       | DFCS  | UGA supervisor |

3. Ensure that UGA members have been appropriately trained in recognizing and reporting child abuse before being placed at the site.
4. Ensure that UGA supervisors know that they should forward any reports they receive to Associate Dean Stacey Neuharth-Pritchett.
5. Ensure that appropriate information relevant to the duty to report suspected child abuse is contained in a course syllabus, program handbook, clinic assignment paperwork, or other written or electronic documentation provided to all UGA members at a placement site. This information should include phone numbers for DFCS (1-855-GACHILD, 1-855-422-4453) and UGA Police (706-542-2200).

### **VIII. Attire and Conduct**

...standards for University of Georgia students are higher than those of communities not engaged solely in scholarly pursuits. Not every situation a student may encounter can be anticipated in a written document. Therefore, students are expected to act in a manner that demonstrates integrity and respect for others and the campus environment.

Please read and know The University of Georgia Code of Conduct which can be found online at: <http://www.uga.edu/judicialprograms/2008-2009%20Code%20of%20Conduct.pdf>. It is your responsibility to know and understand the rights and expectations of students enrolled at UGA. Failure to do so is at your own risk.

There will be times when you will be asked to participate in light physical activity. You will be notified prior to these days. When notified, please come dressed appropriately (tennis shoes, shorts, sweat pants, etc.). **NO HATS WHEN TEACHING.** You will be expected to dress and conduct yourself as a professional. Failure to meet these expectations can result in failing the course. More specifically, the student will be expected to meet the following expectations:

On a daily basis, come to class prepared and ready to generate and engage in a sincere and consistent effort to learn and apply course content and skills; AND become willing and open to new ideas, methods, approaches, techniques, and practices intended to elicit that effort and teach that content.

Adhere to the principles and policies of academic/performance and honesty.

Be a professional. This means being respectful and supportive of the professor, fellow students, and teachers, staff, and students at the school at which he or she teaches. To this end, please turn off and **DO NOT** use cell phones and texting apparatus. If you have an emergency that requires that you need to have it on, please notify me before class begins.

Be punctual.

### **Provisions for Students with Special Needs**

The University of Georgia, College of Education, Department of Kinesiology, HPE Program, and I are committed to the full inclusion of all students. Students who, by nature of a documented disability, require academic accommodations should contact the professor immediately. If you have a disability and require reasonable classroom accommodations, please

see me after class or make an appointment during office hours. Please do not wait until difficulty is encountered to communicate such requests. If you plan to request accommodations for a disability, please register with the Disability Resource Center (DRC) in 117 Clark Howell Hall or call the DRC at 542-8719 to discuss the process for requesting accommodations.

#### UGA Inclement Weather Operations Policy

During periods of inclement winter weather, UGA follows a set procedure for announcing operational changes. By policy, the university makes one of three announcements: UGA is open and operating on a regular schedule; UGA is closed; or UGA will delay opening until a specific time. An all-campus email through ArchNews is the primary means to distribute such announcements. The announcement also is posted to the UGA home page ([www.uga.edu](http://www.uga.edu)). Announcements will also be posted to Twitter (@universityofga and @UGAEVENTS) and Facebook (<https://www.facebook.com/uga.edu> & <https://www.facebook.com/UgaToday>). Up-to-date information is provided to Athens radio stations. Atlanta TV and radio stations that have requested to receive UGA weather announcements also are notified. In Athens, inclement winter weather often develops overnight. In such cases and depending on conditions, attempts are made to post announcements and notify media by 6:30 a.m. for the start of the class day. If the inclement weather develops during morning rush hour or during daytime on a school/work day, the same notification procedures listed above are followed. When weather conditions are such that closings occur two or more days in succession, the procedure is followed each day, with an announcement being made each day by 6:30 a.m. In that conditions can change unexpectedly overnight, an evening announcement usually will not be made for the next day except in the most extreme weather circumstances. On days when UGA generally is scheduled to be closed (Saturdays, Sundays, & holidays), the university does not usually make blanket closing announcements. Departments and units that have normal operations on weekends and holidays, or units planning to host or present special programs on those days, should make their own prior arrangements with employees and participants, notifying them how to proceed in case of inclement weather. When UGA officially is closed, it is closed for everyone: faculty, staff and students. Departments will designate in advance those expected to report to work during a weather emergency.